

SCSFSC - 2010-2011 FALL / WINTER / SPRING SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gardens					Olympia
6:00-7:00 Synchro Team					7:10 - 8:00am FS/FM Open
Olympia	Olympia	Olympia	Olympia	Olympia	RESURFACE
6:00 - 7:00am FS/FM Oper	6:00 - 7:00am FS/FM Oper	6:00 - 7:00am FS/FM Oper	6:00 - 7:00am FS/FM Oper	6:00 - 7:00am FS/FM Oper	8:10 - 8:55am FS Juvenile-National
6:30 - 7:30am FS/FM Oper	6:30 - 7:30am FS/FM Oper	6:30 - 7:30am FS/FM Oper	6:30 - 7:30am FS/FM Oper	6:30 - 7:30am FS/FM Oper	8:55 - 9:45am Basic-Pre Juvenile
*OPTION IN THE A.M. TO CHOSE EITHER *6:30-7:30* *7:00-8:00* *7:00-7:30* *7:30 -8:00*					RESURFACE
7:00 - 7:30am FS/FM Oper	7:00 - 7:30am FS/FM Oper	7:00 - 7:30am FS/FM Oper	7:00 - 7:30am FS/FM Oper	7:00 - 7:30am FS/FM Oper	9:55 - 10:35am FS Juvenile-National
7:30 - 8:00am FS/FM Oper	7:30 - 8:00am FS/FM Oper	7:30 - 8:00am FS/FM Oper	7:30 - 8:00am FS/FM Oper	7:30 - 8:00am FS/FM Oper	10:35 - 11:10am FM/Dance
7:00 - 8:00am FS/FM Oper	7:00 - 8:00am FS/FM Oper	7:00 - 8:00am FS/FM Oper	7:00 - 8:00am FS/FM Oper	7:00 - 8:00am FS/FM Oper	11:10 - 12:00pm FS/FM Open

AFTERNOON ICE SCHEDULE				
Monday	Tuesday	Wednesday	Thursday	Friday
Gardens / Olympia	Gardens / Olympia	Gardens / Olympia	Gardens / Olympia	Gardens / Olympia
	FS Open 1:30-2:30pm		FS Open 1:30-2:30pm	
RESURFACE		RESURFACE		RESURFACE
2:30-3:30pm FS Pre Juvenile-National	2:30-3:30pm FS Pre Juvenile-National	2:30-3:30pm FS Pre Juvenile-National	2:30-3:30pm FS Pre Juvenile-National	2:30-3:30pm FS Pre Juvenile-National
RESURFACE	RESURFACE	RESURFACE	RESURFACE	RESURFACE
3:30-4:20pm FS Preliminary - Novice	3:40-4:30 PM FS Preliminary - Novice	3:40-4:30pm FS Preliminary - Novice	3:40-4:30 PM FS Preliminary - Novice	3:40-4:30pm FS Preliminary - Novice
RESURFACE				
4:30-5:15pm FS Preliminary - Novice	4:30-5:20 PM FS Basic-Pre Juvenile	4:30-5:20 FS Basic- Pre Juvenile	4:30-5:20 PM FS Basic-Pre Juvenile	4:30-5:20 PM FS Basic-Pre Juvenile
RESURFACE	RESURFACE	RESURFACE	RESURFACE	RESURFACE
5:10-6:00pm FS Juvenile-National in Olympia		4:40-6:00pm Synchro Team in Olympia		5:10-6:00pm Synchro Team in Olympia
5:15-5:45pm LFM/Dance	5:30-6:30PM FS Juvenile-National	5:30-6:30 PM FS Juvenile-National	5:30-6:30PM FS Juvenile-National	5:30-6:30 FS Juvenile-National
5:45-6:30pm FS Basic-Pre Juvenile				

OFF-ICE CLASSES					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resistance	Ballet	Resistance Training	Ballet	Stretch Pilates	Ballet
3:35-4:25pm Open	3:35-4:25pm Juv-Nat'l	3:35-4:25pm Open	3:35-4:25pm Juv-Nat'l	3:55-4:25pm Open Stretch	7:00-8:00am Juvenile-Senior
4:25-5:10pm Open	4:35-5:25pm Open	4:35-5:25pm Open	4:35-5:25pm Open		8:05-8:50am
5:25-6:25pm Open	5:30-6:30pm Open	5:25-6:25 Open	5:30-6:30pm Open	4:35-5:20pm Open Pilates	Basic-Pre Juvenile