SCSFSC - 2006-2007 FALL / WINTER / SPRING SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gardens Olympia	Gardens Olympia	Gardens Olympia	Gardens Olympia	Gardens Olympia	Olympia
6:00-7:00am FS Basic-PreJuv **OLY-M1** 7:00-7:30am FS/FM OPEN OLY-M2 7:30-8:00am FS/FM Open **OLY-M3**	6:00-7:00am FS Basic-PreJuv **OLY-W1** 7:00-7:30am FS/FM OPEN **OLY-W2** 7:30-8:00am FS/FM Open **OLY -W3**	6:00-7:00am FS Basic-PreJuv **OLY-W1** 7:00-7:30am FS/FM OPEN **OLY-W2** 7:30-8:00am FS/FM Open **OLY -W3**	6:00-7:00am FS Basic-PreJuv **OLY-W1** 7:00-7:30am FS/FM OPEN **OLY-W2** 7:30-8:00am FS/FM Open **OLY -W3**	6:00-7:00am FS Basic-PreJuv **OLY-W1** 7:00-7:30am FS/FM OPEN **OLY-W2** 7:30-8:00am FS/FM Open **OLY -W3**	**OLY-S1** 7:10-8:00 Open RESURFACE **8:00-9:00 - OLY-S2** Preliminary-National
OPTION IN THE A.M. TO CHOSE EITHER 7-8:00 OR 7-7:30 & 7:30 -8:00					
RESURFACE 2:30-3:30pm FS Pre Juvenile-National **GA-M5** 3:30-4:15pm FS PRE JUVENILE-NOVICE **GA-M6** ***RESURFACE*** 4:30-5:15pm **FS PREL-NOVICE - GA-M7** **(Prel's if 2nd FS of Day** 5:15-5:45pm 5:10-6:00pm LFM/Dance FS JUV-NAT'L **GA-M8 OLY-M5** 5:45-6:30pm FS Basic-Pre Juvenile **GA-M9**	1:30-2:20 FS Open **GA-T4** ***RESURFACE*** 2:30-3:30pm FS Pre Juvenile-National **GA-T5** ***RESURFACE*** 3:40-4:30 PM FS PRE JUVENILE-NOVICE **(Prel's if 2nd FS of Day** **GA-T6** 4:30-5:20 PM FS PRE PREL-PRE JUVENILE **GA-T7** **RESURFACE** 5:30-6:30PM FS JUVENILE-NATIONAL **GA-T8**	***RESURFACE*** 2:30-3:30pm FS Pre Juvenile-National **GA-W4** 3:30-4:15pm FS PRE JUVENILE-NOVICE **GA-W5** ***RESURFACE*** 4:30-5:15pm 4:30-5:10 FS PREL-NOVICE FM/Dance **(Prel's if 2nd FS of Day** **GA-W6 OLY-W4** 5:15-5:45pm 5:10-6:00pm LFM/Dance FS JUV-NAT'L **GA-W7 OLY-W5** 5:45-6:30pm FS Basic-Pre Juvenile **GA-W8**	1:30-2:30 FS Open **GA-TH4** ***RESURFACE*** 2:30-3:30pm FS Pre Juvenile-National **GA-TH5** ***RESURFACE*** 3:40-4:3O PM FS PRE JUVENILE-NOVICE **(Prel's if 2nd FS of Day** **GA-TH6** 4:30-5:20 PM FS PRE PREL-PRE JUV. **GA-TH7** **RESURFACE** 5:30-6:30 FS JUVENILE-NATIONAL **GA-TH8**	***RESURFACE*** 2:30-3:30pm FS Pre Juvenile-National **GA-F5** 3:30-4:15pm FS PRE JUVENILE-NOVICE **GA-F6** ***RESURFACE*** 4:20-5:05 PM FS PREL-NOVICE **(Prel's if 2nd FS of Day) GA-F7** 5:15-5:45pm 5:10-6:00pm LFM/Dance FS JUV-NAT'L **GA-F8 OLY-F5** 5:45-6:30 PM FS Basic-Pre Juvenile **GA-F9**	9:00-9:20 TS Open **OLY-S3** RESURFACE 9:30-10:30 **OLY-S4** FS Pre Juvenile-Senior 10:30-11:15 **OLY-S5** FM/Dance Open 11:15--12:00 Open **OLY-S6**
		OFF- ICE			
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resistance Ballet	**Ballet**	**Resistance Training**	**Ballet**	**Stretch Pilates**	**Resistance Ballet**
3:35-4:25pm 4:10-5:10 RT OPEN Basic-Prelim **M1-RT M4-BA** 4:25-5:10pm RT OPEN **M2-RT** 5:20-6:20pm RT Open **M3-RT**	3:35-4:25pm Juv-Nat'l **T1-BA** 4:35-5:25pm Open **T2-BA** 5:35-6:35pm OPEN **T3-BA**	3:35-4:25pm RT OPEN **W1-RT** 4:25-5:10pm RT Open **W2-RT** 5:20-6:20 RT Open **W3-RT**	3:35-4:25pm Juv-Nat'l **T1-BA** 4:35-5:25pm Open **T2-BA** 5:35-6:35pm OPEN **T3-BA**	3:55-4:25 **F1-STR.** 4:25-5:05 **F3-PIL.** **6:35-7:05** **F2-STR.**	7:10-7:55 **S7 - BAL.Open** **8:05-8:50** **S8-BAL. Open** 9:35-10:35 am RT OPEN **S9-RT** 10:45-11:15 STRETCH Open - **S10- STR.** **11:15-12:15** Stretch **S11-STR.**