

Spring Power Hockey 2009



These power skating classes will enhance your athletes skating ability and stability on the ice. Focus will be on edges, power sources and endurance. This is a great opportunity for your athlete to focus on their skating skills!

- Days:** Wednesday's and Friday's
April 8-June 12
- Time:** 5:15-6:00 PM Olympia Rink
- Cost:** \$180 for 10 weeks (Both Days; \$9/class)
\$110 for 5 weeks (Both Days; \$11/class)
\$120 for 10 Weeks (One Day Only; \$12/class)
\$70 for 5 weeks (One Day Only; \$14/class)
- Due Date:** Monday, March 23, 2009
- Send To:** SCSFSC, 20000 SCS MI 48080 Attn. Patrick O'Neil

Please contact Patrick O'Neil, Director of Skating, at 586-774-7530 or email at RoberNeil@aol.com for more information!

Name: _____

Address: _____ Phone: _____

Current Level: _____ Email: _____

Wed and Fri (10 wk) Wed and Fri (5wk) One Day (10wk) One Day (5wk)